

Celebrating 50 Years of Excellence in Stress Management and Improving Mental Health

Open to businesses,
organisations and
charities across all
sectors



Would you like to be
recognised for
enhancing health
and wellbeing?

Three award
categories:
Gold, Silver and
Bronze

Deadline to enter:

Monday 30th
September 2024

Why Enter?

- Showcase your commitment to a supportive & healthy workplace environment.
- Gain recognition for initiatives that reduce workplace stress and enhance employee mental health and wellbeing.
- Demonstrate how prioritising staff wellbeing boosts your company's reputation and appeal as an employer.
- Show appreciation for your team's achievements whilst recognising leadership and innovation.

Please download our [presentation](#) for guidance on choosing an award category and instructions on how to apply. **Use our hashtag - #stressmanagementawards**



One finalist and one runner-up in each category will be announced during our Global Online Stress & Wellbeing Summit on **International Stress Awareness Day** **Wednesday 6 November 2024**

If you have any questions, contact us at admin@isma.org.uk. We're here to help.