

Press Release

Monday 1st November 2021



Italy holds Stress Awareness Day Event on Friday 5th November

Dr Pier Michele Mandrillo, ISMA's International Ambassador in Italy, has organised Italy's fifth Stress Awareness Day event on Friday November 5th in the city of Monteiasi, where he has worked for 30 years.

The event, with 100 participants, is being opened by the Mayor of Monteiasi, Cosimo Ciura. Given the connections between stress and cancer, the event will also be attended by cancer patients of La Forza del Vita Association.

Dr Mandrillo will present scientific data on his project Stress No Thanks, completed in October, global breast cancer prevention month. Dr Mandrillo will present Stress: the evil of living badly: the vicious circle in the cancer patient and, amongst other presentations, Dr Piero Lombardi will talk about Stress and cancer: nutrition, detoxification and meditation: the virtuous circle in the cancer patient.

The event will be preceded by a press conference presentation for local and national media on 3rd November in the Town Hall.

[#stresssummit2021](#)