

Wednesday 4th November 2009

National Stress Awareness Day

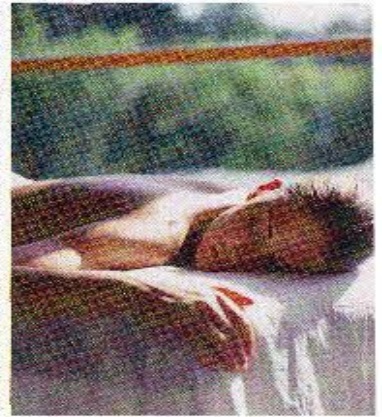


International Stress
Management Association UK

Promoting well-being and stress prevention



WEDNESDAY WALK IN for HEALTH and WELLNESS



FREE ENTRY

Wraysbury Village Hall on the first Wednesday of the month from
September to December

The Green, Wraysbury. TW19 5NA



Experience a range of therapies including

- * Reflexology
- * Indian Head Massage
- * Emotional Healing and Stress Relief
- * Aromatherapy Massage
- * Osteopathy
- * Hopi Ear Candles
- * Facials
- * Reiki
- * Allergy Testing
- * Nutrition

All Sessions £20 for thirty minutes

7:00 to 10:30 pm

ADVANCED BOOKINGS AVAILABLE

01784 483185